

MEETING: 15/05/2014

Ref: 12148

ASSESSMENT CATEGORY - Resettlement and Rehabilitation of Offenders

Prison Advice and Care Trust

Adv: Ciaran Rafferty

Base: Lambeth

Amount requested: £147,023

Benefit: London-wide

Amount recommended: £142,000

Purpose of grant request: To fund the establishment and development of a London Women Ex-Offenders Resettlement Programme helping such women to make the transition to successful resettlement.

Background

Prison Advice and Care Trust (PACT) was established in 2001 from the merger of the Bourne Trust and the Prisoners' Wives and Families Society. It provides a range of services to assist prisoners and their children and families with the overall aim of aiding successful resettlement and rehabilitation. It is a national charity providing services in 35 prisons across England and Wales coming into contact with over 50,000 people per year. Its current range of services include: providing child-friendly visitors centres at 7 prisons; integrated family support services; "first night in custody" guides for prisoners; and specialist parenting and relationship training courses.

Funding History

You have funded PACT on three previous occasions, most recently with a grant of £155,000 over three years for a successful project supporting grandparents and older relatives as carers of children whilst a parent was incarcerated. Prior to this your first grant was in January 1998 - £24,000 over three years – for a playworker located in Holloway prison; whilst in November 1999 you awarded £51,356 for a project providing a mental health service for women going into Holloway.

Current Application

This application is focused, again, on the particular needs of women prisoners and is aimed at helping their successful resettlement after release. In this, PACT knows better than anyone the value and importance of maintaining family ties, giving people structure to their lives, and goals to aim for as a way to reduce the risk of reoffending. The project you funded most recently (Kinship Care) reinforced the importance of the family to women prisoners and that any rehabilitation programme would have to have a family focus in order to be successful.

In order to re-build their lives ex-prisoners often need several issues to be resolved: accommodation; relationships; addiction problems; mental health issues; and unemployment. These issues are often compounded for women prisoners who have children as they are very often the primary carers in the family. The Corston Report 2007 showed that 95% of children where the mother goes into prison do not stay in the family home. Only 9% are looked after by their father. Poor mental health is also substantially higher for female prisoners than their male counterparts.

PACT wishes to work with women pre- and post- release from Holloway Prison (the second largest female prison in Europe) to give them and their families the best chance possible to rebuild their lives. The project will aim to support stable families where the women have a chance to: repair relationships with partners, children and extended family; seek help with mental health issues and/or addiction problems; get welfare support they are entitled to; start training or education; and to seek employment.

The project will provide a bespoke programme for each prisoner taking account of their individual circumstances and needs and devising a plan of action, with weekly and monthly goals. On release they (and their family) will have the support of a specially trained volunteer mentor (PACT has excellent and established systems for recruiting and supporting volunteers). The role of the volunteer mentor is crucial in providing both support and motivation. Referrals to specialist agencies (eg on addiction issues) will be made as appropriate.

Financial Observations

Audited accounts for the year ended 31st March 2013 show a deficit of £26,298 (0.9% of turnover of £2.9m), comprising a £96,689 deficit on restricted funds offset by a surplus of £70,391 on unrestricted funds.

The charity's reserves policy is to hold a minimum of 4 months' worth of 'core' expenditure, which is equivalent to £355,612 based on core expenditure in the current year. Free unrestricted reserves at 31st March 2013 amounted to £236,683, which is equivalent to 2.7 months' worth of current core expenditure or 2.6 weeks' worth of total expenditure.

The draft outturn for the year ended 31st March 2014 shows an overall deficit of £41,282 (1.2% of turnover of £3.3m), comprising a deficit of £96,679 on unrestricted funds, which the charity advise was due to strategic investment in business development, offset by a surplus of £55,397 on restricted funds. The unrestricted fund deficit reduces free unrestricted reserves held to £140,004, which is equivalent to 1.6 months' worth of current core expenditure.

The budget for the current year to 31st March 2015 projects a surplus of £5,031 (0.1% of turnover of £4.8m), all on unrestricted funds. Total income is predicted to be £4,817,991, of which £3,371,087 (70%) had been confirmed as at 27th March 2014. The remaining unconfirmed income of £1,446,903 (30%) includes catering sales £776,561 (2013/14: £747,898), grant income £274,060 (2013/14: £946,499), voluntary income £129,313 (2013/14: £119,697), other income of £88,478 (2013/14: £112,410) and contract income of £178,492.

At 31st March 2015 free unrestricted funds are predicted to be £145,035, which is equivalent to 1.6 months' worth of current core expenditure and below the target to hold 4 months' worth. The organisation has advised that the investment in business development in 2013/14 was made to increase services, and should enable the level of free unrestricted reserves held to be brought in line with the reserves policy

Officer's Appraisal

PACT is both a highly experienced and highly regarded organisation in the resettlement and rehabilitation field, receiving funds from NOMS; the Department for

Health; and from individual prisons. This application is for a large sum over two years but the rationale for this is that the project should, in that period, make such a significant impact and build sufficient evidence to be considered for funding from statutory agencies. The request includes support for a f/t Programme Manager plus a p/t Volunteer Co-ordinator and, whilst you do not usually support more than the equivalent of one f/t post within an organisation, the shorter timeframe of this project (2 years rather than 3) plus the interdependence of both posts would support the case for an exception to be made to your usual practice. The proposal also includes £10,000 over the two years for independent, external, evaluation which is essential to persuading future funders of the project's merits. The grant recommended is slightly less than that requested as the allowance for contingency is removed as it is not your practice to support this.

Recommendation

£142,000 over two years (£67,000; £75,000) for the salary of a f/t Programme Manager; a p/t (2.5dpw) Volunteer Co-ordinator; and the running costs and independent evaluation of the London Women's Resettlement Programme.

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Prison Advice and Care Trust	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms Bridget Moss	Position: Development Manager
Website: http://www.prisonadvice.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 219278
When was your organisation established? 13/05/1963	
Aims of your organisation: Pact is a charity that works with prisoners/ex-offenders and their families. Our aims are to: <ul style="list-style-type: none">> To ensure that the children, their carers, and the families of prisoners have access to appropriate advice, care and support to meet their needs> To facilitate opportunities for positive contact between prisoners and their families from the courts to release> To support ex-prisoners and their families in the resettlement process> To respond to the needs of prisoners at risk of suicide and self-harm> To support the development of restorative justice and promote community involvement in supporting people affected by imprisonment.	
Main activities of your organisation: We achieve our aims by providing the following activities: <ul style="list-style-type: none">- Visitors Centres at 7 prisons in England and Wales offering a child-friendly welcoming space for people visiting loved ones in prison.- Childrens Play Services in Visitor Centres and Prison Visits Halls offering visiting children the opportunity to play to help reduce the anxiety and stress of a prison visit- First Night in Custody Guide for Prisons admitting new prisoners to support and give practical assistance at a time of high stress to help reduce the risk of self harm or suicide.- Specialist Parenting and Relationship Training courses for prisoners/young offenders and their partners/parents- Basic Caring Communities service offering a structured resettlement support programme for ex-offenders.- Integrated Family Support service acting as a bridge between prisons and communities and improving the outcomes for children and families of offenders- JustPeople volunteering programme for those wishing to volunteer in the criminal justice system	

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
36	31	12	280

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Until December 2014

Grant Request**Details of grant request**

Under which of City Bridge Trust's programmes are you applying? Resettlement and Rehabilitation of Offenders
Which of the programme outcome(s) does your application aim to achieve? More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced
Please describe the purpose of your funding request in one sentence. To fund the establishment and development of a London Women Ex-Offenders Resettlement Programme helping such women to make the transition to successful resettlement.
When will the funding be required? 30/04/2014
How much funding are you requesting? Year 1: £69,502 Year 2: £77,521 Year 3: £0 Total: £147,023
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? Yes; we plan to seek assistance from statutory bodies ideally to mainstream/commission this service but will also be seeking funding from trusts and foundations. A proper independent evaluation and a conference and dissemination towards the end of the second year will add weight to our case for support.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? N/a

Summary of grant request

There is little provision in the UK for supporting the families of prisoners both during incarceration and especially after release. From an evaluation of Pact's Kinship Care Support Service at the all female HMP Holloway, we have learned that support for the wider family of women prisoners with children to be cared for is unique and highly valued by those that use it. The service, funded by City Bridge Trust, was evaluated by Professor Gwyneth Boswell (Professor of Criminology at the University of East Anglia) in October 2011. It also found the service was extremely effective in maintaining family ties (recognised as a key factor in eventual successful prisoner resettlement). Through this and our Integrated Family Support work, Pact have found that support is crucial beyond the prison gate in the months after release to ensure that ex-prisoners reintegrate successfully back into the family home and rebuild relationships with partners, children and wider family.

Building on the experience of the last number of years, we wish to create an enhanced two year London Women's Resettlement Programme, based at HMP Holloway and serving the London boroughs where ex-prisoners are released back into their communities. A new role of Women's Resettlement Programme Manager will be created. The postholder will work with Pact's existing Volunteer Co-ordinator (who currently manages our volunteer pool - the JustPeople service) to assist the prisoner and their extended family on the resettlement journey just before release and up to an average of three months after release.

The aim is:

- a successful resettlement
- a stable family unit and
- a reduction in the risk of reoffending.

Pact are the best placed organisation to deliver this work due to our specialist knowledge acquired over many years of the factors faced by women prisoners at HMP Holloway and their extended family. Our Kinship Care Support Service has laid the foundations for a timely and effective service that works beyond the prison sentence and into London communities. We are also negotiating with the National Offender Management to employ workers, based on our First Night in Custody model, within all female prisons in England and Wales providing preliminary work on entry into prison ensuring we are able to make effective referrals into the service. Our proposed model will contribute to more resilient women ex-offenders, more stable families and less crime.

We are applying under the trust's Resettlement and Rehabilitation of Offenders Programme. We believe the service will meet this programme's outcome as it supports the women ex-prisoner and her extended family during a difficult and often emotionally charged transition to help achieve a positive resettlement that benefits all involved.

In addition, we believe it meets the trust's Principles of Good Practice by involving the women and their family from the start in designing the post-release Action Plan and valuing feedback. It also supports any woman and their family from any background needing help and supports the volunteers through line management as part of Pact JustPeople volunteer service. (A Job Description for the new post of London Women's Resettlement Programme Manager is attached). *

* on file.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Identifying 50 in year 1 and 75 in year 2 soon to be released women prisoners each year at HMP Holloway as needing support during the two successive years of the programme from 2014 - 2015 and matching them with a suitable JustPeople volunteer.

Creating an Action Plan with specific goals for each of the women (125 women in total over the 2 years) with input from the women themselves, the kinship carers of the children who needed looking after, the volunteer and the children to ensure successful outcomes against goals.

Supporting each family unit up to three months after release via weekly meetings to work through the Action Plan, achieving specific goals such as building better relationships, registering for benefits, staying off drugs, attending AA meetings, addressing mental ill health and seeking education, training or employment.

Ensuring that there is a suitable pool of screened and trained JustPeople volunteers available each year.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Relationships between the woman ex-prisoner and their partner restored and/or improved.

Relationships with children and extended family restored and/or repaired.

Addiction or mental ill health issues are starting to be addressed.

More confident women ex-offenders able to look at education, training or employment opportunities in conjunction with their assigned volunteer.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

72

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several NW London (60%)

Several SE London (40%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Women's Resettlement Programme Manager	32,559	33,231	0	65,790
Volunteer Co-Ordinator (@2 1/2 days)	11,834	12,092	0	23,926
Contingency @ 5%	2,230	2,266	0	4,496
Volunteer training & expenses	5,550	6,650	0	12,200
Premises (Rent), Design & Print of leaflets	3,800	3,860	0	7,660
Information & Communications	800	810	0	1,610
Evaluation, Conference & dissemination	2,500	8,500	0	11,000
Central Support & Management Costs @ 15%	8,889	10,111	0	19,000
Origination & setup costs	1,350	0	0	1,350
TOTAL:	69,502	77,521	0	147,023

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/a	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Lloyds Bank Foundation for England and Wales	65,000	70,000	0	135,000
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

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Origination & setup costs	1,350	0	0	1,350
TOTAL:	69,502	77,521	0	147,023

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
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Income received from:	£
Voluntary Income	191,644
Activities for generating funds	597,435
Investment income	38,825
Income from charitable activities	2,069,982
Other sources	0
Total Income:	2,897,886

Expenditure:	£
Charitable activities	2,214,723
Governance costs	5,439
Cost of generating funds	704,022
Other	0
Total Expenditure:	2,924,184
Net (deficit)/surplus:	-26,298
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-26,298

Asset position at year end	£
Fixed assets	16,656
Investments	200
Net current assets	301,726
Long-term liabilities	0
*Total Assets (A):	318,582

Reserves at year end	£
Endowment funds	0
Restricted funds	27,837
Unrestricted funds	290,745
*Total Reserves (B):	318,582

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
41-50%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Pact merged with the much smaller charity, Time for Families, in April 2013 with the new charity's name being unchanged - 'Pact'. The Time for Families Trustees stood down, the Chief Executive retired and key delivery staff were brought across and the 'Time for Families' specialist training courses for prisoners/young offenders and their partners/parents is now a distinct component of Pact's services.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	1,271,516	1,473,315	1,014,258
Other statutory bodies	0	0	385,367

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
The Monument Trust	0	0	110,628
Violet & Milo Cripps Ch'table Trust	75,000	0	0
Esmee Fairbairn Foundation	0	4,594	54,959
Joseph Rank Trust	0	10,000	10,000
The Tudor Trust	62,000	45,042	73,349

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Bridget Moss**

Role within **Head of Supporter Relations**
Organisation: